M090_Shoulder Press



Dimensions (L x W x H): 176.5 x 142.5 x 149 cm

Weight: 284.4 kg

Load: 112 kg (opt. 135 kg)

- -Independent movement of the arms.
- -Counterbalanced arms.
- -Double handgrip for more variety of exercises.
- -Power transmission with belt.
- -Improved access and adjustments systems.
- -Reinforced chassis.
- -3 mm thick steel structure.
- -Display is optional.

MULTI-POSITION HANDLES. The non-slip multi-position handles are designed for neutral hand positioning to reduce strain on the muscles.





M270_Pectoral



Dimensions (L \times W \times H): 115 \times 155 \times 149 cm

Weight: 274.5 kg

Load: 95 kg (opt. 135 kg)

- -Comfortable rolls for arms.
- -Seat adjustment.
- -Independent movement of the arms.
- -Power transmission with belt.
- -Improved access and adjustments systems.
- -Reinforced chassis.
- -3 mm thick steel structure.
- -Display is optional.

INDEPENDENT ARMS. Its independent arms guarantee a more balanced progression of power. They offer the possibility of training one arm at a time, or both arms simultaneously.





MOVEMIA Strength Series