

This seated row offers a precise, safe and well driven exercise due to its rotating handgrips. The vertical grip will allow users to focus on one arm and exercise it separately.



**Dimensions (L x W x H): 200 x 113 x 149 cm**

**Weight: 301.5 kg**

**Load: 112 kg (opt. 135 kg)**

- Independent movement of the arms.
- A huge variety of movements with rotary handgrip.
- Vertical grip for working with just one hand.
- Oversized and anti-slip footrests.
- Power transmission with belt.
- Improved access and adjustments systems.
- Reinforced chassis.
- 3 mm thick steel structure.
- Display is optional.



FOOT REST. Non-slip footrests assist the user in the use of the machine.