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## L030B\_Lying leg curl

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Dimensions (L x W x H): 178.7 x 113.6 x 148.5 cm

Weight: 234.3 kg

Load: 91 kg (opt. 110 kg)

The L030 can work the hamstrings and calves in a comfortable and safe way due to the variety of adjustments.

- Side supports for the forearms.
- Range of motion adjustment.
- Roller with 4 different positions.
- SmartFocus with 11" console option and full connectivity available.



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## L170B\_Seated leg curl

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Dimensions (L x W x H): 174.4 x 112.7 x 148.5 cm

Weight: 246.3 kg

Load: 91 kg (opt. 110 kg)

The L170 can regulate both the backrest angle and working angle to perform the leg curl exercise.

- Working angle adjustable in 4 positions.
- Backrest depth adjustment.
- SmartFocus with 11" console option and full connectivity available.



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## L020B\_Leg extension/curl

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Dimensions (L x W x H): 146 x 125 x 152 cm

Weight: 228.8 kg

Load: 91 kg (opt. 110 kg)

The L020 machine is a dual machine which provides a double exercise: Leg extension (quadriceps) and leg curl (femoral)

- Adjustment of the top roller to 7 different positions.
- Adjustable drive arm in 8 different positions.
- SmartFocus with 11" console option and full connectivity available.

