## **L030B**\_Lying leg curl

Dimensions (L x W x H): 178.7 x 113.6 x 148.5 cm

Weight: 234.3 kg

Load: 91 kg (opt. 110 kg)

The L030 can work the hamstrings and calves in a comfortable and safe way due to the variety of adjustments.

- -Side supports for the forearms.
- -Range of motion adjustment.
- -Roller with 4 different positions.
- -SmartFocus with 11" console option and full connectivity available.

